



University Interscholastic League



Region IV-6A Swimming & Diving Championships

February 5-7, 2026

- LOCATION:** Conroe ISD Laura Wilkinson Natatorium, 19133 David Memorial Drive, Shenandoah, Texas 77385
- LIABILITY:** The University Interscholastic League, the Conroe Independent School District, and the Natatorium accepts no responsibility nor liability for injuries sustained by any individual, athlete, official, meet volunteer or spectator while traveling to and from or while participating in the meet.
- ADMISSION:** Adults \$8.00 Students \$6.00
- TEAM INFORMATION:** Team Packets containing meet information are available at the Natatorium the first day of the meet, upon arrival.
- ELIGIBILITY:** All participants must be eligible under the University Interscholastic League guidelines as outlined in the UIL Swimming & Diving Manual.
- ENTRY LIMITATIONS:** The top 6 finishers from each event in the District Championships will advance to this meet. A **maximum of four entries** per individual event (including diving) and **one team** in a relay event per school may advance. In relay events eight individuals may be designated on the relay entry form. Any of these eight individuals may swim in the finals provided he/she does not exceed the permitted entries for the meet. Only the four swimmers declared on the event relay card, which shall be submitted at the specified time and place prior to the start of the event, are permitted to report to the blocks and compete. Team relay times are determined by the **actual time** that relay team achieved in District Championship competition.
- ENTRY FEES:** \$10.00 per individual competitor & \$10.00 per relay entered. Relay only swimmers are FEES:required to be on the team roster and pay Competitor Entry Fees. Entry Fees will be calculated based on the total number of Swimmers/Divers on the roster as well as relays entered, **including relay alternates.**
Make Checks payable to: Conroe ISD Natatorium
Mail to: C/O Kim Loudenback
Conroe ISD Natatorium
19133 David Memorial Drive
Shenandoah, Texas 77385
- ENTRY PROCEDURES:** The deadline for submission of meet entries to the Meet Coordinator is **9:00AM Monday, February 2, 2026.**
District meet directors shall **e-mail** the following files or submit a Hy-tek or SDIF compatible disk containing the following files to the Meet Coordinator upon the conclusion of their respective District Championship as stated above:
(a) A (.HY3) file containing the 6 advancers in each event.
(b) A .doc or pdf file listing the meet results in single column format.

Swimming and Diving entries must be generated by HyTek Team Manager. Competitors in the diving events must be included in the Team Manager entries. **Send entries to: khandley@conroeisd.net.**

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Each Head Coaches shall not be required to fill-out the official UIL entry form. The Hy-Tek report files are sufficient with district entry fee check or P.O.

Relays qualify by schools and may be changed before then entry deadline. No more than eight relay swimmers shall be listed on entry forms. Any of these eight individuals may swim in the prelims, swim-offs and/or finals provided he/she does not exceed the permitted entries for the meet. It shall not count as an entry unless the competitor actually competes in the event.

All dive sheets must be submitted through CleanEntries.com.

Dive sheets are due at the same time Swimming and Diving entries are due. Dive sheet changes and/or corrections are due to check in table, no later 1 hour before the competition begins.

This meet will be conducted as a championship meet. The 1-meter diving shall consist of five voluntary dives and six optional dives and follow NFHS Rule #9, Section 4 Article 1, Section a, b, c, & d.

The Meet Coordinator shall, upon receiving each e-mail, notify the appropriate party of the receipt and any problems noted with the files within 24 hours. **If you receive no reply within the specified time, please contact the Regional Meet Coordinator immediately.**

Individual school coaches should inform their District meet directors of any scratches prior to the entry deadline. The District meet director will, in turn, inform the Meet Coordinator of the scratch, and the name and qualifying time of the alternate for the event in question.

Please review Rule 3, Section 1, Article 1, and Section 2, Articles 1, 2, 3, and 5 of the NFHS Swimming and Diving Rules Book concerning meet entries and meet conduct for championship meets. **No scratches will be honored after the entry deadline.**

ORDER OF EVENTS:

Standard high school order of events, with diving running on Thursday. All 11 dives (prelims and finals) will be performed on Thursday, February 5, 2026. Girl's event will go first, followed by another warmup and then the Boy's event.

SCORING:

The top 16 shall advance from preliminaries: the fastest (8) to the finals and the next (8) to the Consolation finals in each event, scoring will be to sixteen places. The point values will be as follows:

Championship Finals

Place →	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eight
Individual	20	17	16	15	14	13	12	11
Relay	40	34	32	30	28	26	24	22

Consolation Finals

Place →	Ninth	Tenth	Eleventh	Twelfth	Thirteenth	Fourteenth	Fifteenth	Sixteenth
Individual	9	7	6	5	4	3	2	1
Relay	18	14	12	10	8	6	4	2

AWARDS:

U.I.L medals will be given to the top three competitors in each event. There will be a team award for the winning team (male and female). Swimming awards will be presented

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during finals after the following events: 200 Medley Relay, 50 Freestyle, 100 Freestyle, 200 Free Relay, 100 Breaststroke, 400 Free Relay.

Diving Awards will be presented on Thursday, February 5, 2026 after all diving is complete.

SCHEDULE:

ALL 11 DIVES (PRELIMS AND FINALS) WILL BE ON Thursday, February 5, 2026

Region IV 6A dive open warmup	2:30 pm
Girls only dive event warmup	3:15 pm
Girls 1M event start time	4:00 pm
Boys only dive event warmup	immediately following completion of girls 1m event
Boys 1M event start time	45 minutes after completion of girls 1m event

Swimming Preliminaries

Friday, February 6, 2026

Region IV 6A Warm-up	8:15 am
Clear the competition pool	9:45 am
Coaches meeting	9:45 am
Conference 6A Meet Start Time	10:00 am

Swimming Finals

Saturday, February 7, 2026

Region IV 6A Warm-up	12:15 pm
Clear the competition pool	1:45 pm
Coaches meeting	1:45 pm
Conference 6A Meet Start Time	2:00 pm

WARM-UP

PROCEDURES: This will be an open warm up for prelims and finals. Eight (8) lanes will be available during the meet for continuous cool-down and warm-up. The last 15 minutes of warm up in the competition pool will be 1 way starts in lanes 1,8 and push pace in lanes 2,7.

(Assigned warmup times may be given at discretion of the meet director)

MEET ADMINISTRATION

<u>6-A Swim Meet Director</u>	<u>6A Diving Entries Coordinator</u>
Kevin Handley Conroe Independent School District Office: (936)709-3909 E-mail: khandley@conroeisd.net	Kevin Handley Conroe Independent School District Office: (936)709-3909 E-mail: khandley@conroeisd.net
<u>6-A Swim Meet Referee</u>	<u>6A Dive-Meet Referee</u>
Brian Walls walls.brianl@gmail.com	Kevin Witt kmwitt@conroeisd.net

MEET

COMMITTEE: A meet committee will be appointed by the Meet Referee.

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VIDEOTAPING/ FILMING:

Filming or videotaping will be permitted in the spectator area (see All American Diving exception). Videotape or film will not be used in judging any swimming/diving event. Please use the extreme wings of the spectator area for filming. Please be sensitive to the other spectators.

ALL AMERICAN DIVING:

Schools may appoint one individual to film/ videotape the diving competition. This person will receive a media pass from the school packet and will be permitted to film from the deck during the diving competition. All other videotaping is prohibited.

HEALTH & SAFETY:

CISD is committed to the health and safety of all participants. The Natatorium utilizes Advanced training and technology and adopts the Centers of Disease Controls (CDC) "Healthy Swimming Policy". This policy has proven to assist in protecting participants from poor air or water quality hazards typical with indoor-swimming pools caused by microorganisms and chloramines. The cornerstone of this policy is based on CDC guidelines which mandate safe practices such as requiring all to shower before entering the pool or spa. Please notify all participants there is no shaving at the facility.

USA Observation: This is a varsity meet that swimmers are resting for and could be swimming new best personal times. Therefore, we would like to request this meet be observed by USA swimming, so their times will count in the USA swimming database.

Swimmers are required to wear clothing in the lobby and upstairs areas of the Natatorium. Please do not allow your swimmers in either of those areas in swim suits only.

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The CISD Natatorium Rules, Regulation, Prohibitions, and Deck Access

- I. All participants must follow the CDC "*Healthy swimming policy*" and shower before warm-up, no exception.
- II. Shaving is not permitted anywhere within the entire CISD Natatorium Complex.
- III. No chewing gum, food or color based drinks will be allowed on the pool deck, water only.
- IV. Security personnel are empowered to enforce any and all regulations established by CISD Natatorium Policy.
- V. Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck – all spectators and parents must remain in the grandstand.
- VI. Participants in swim suits are not allowed in the Grandstand-seating area. Participants and spectators are not allowed to lean against glass the rails, climb over banisters / railings, or pass any posted barriers.
- VII. Participants and spectators are not allowed to use other areas of the CISD Natatorium complex during this event without securing a pass at the Services Desk located in the facility lobby.
- VIII. Lawn Chairs are not allowed in the CISD Natatorium Grandstand-seating area, Stadium seats shall not exceed 17" wide x 13" deep.
- IX. Each competing team is permitted one temporary banner, placed at the discretion of the CISD Natatorium Coordinator. Team banners must not exceed 5' by 8'. No handmade signage is allowed. Blue painters tape only to secure.
- X. Absolutely no tobacco, electronic cigarettes (vape-pen/E-Cig), alcohol products, or glass containers are allowed on Conroe School District property. This applies to the parking lot.
- XI. Spectators are allowed (1) Cooler 13" wide x 11" deep x 12" tall that can be placed directly under their seating area, Participant /Teams are allowed an Ice-Chest (1) PER GENDER on the deck provided they do not contain glass items, bottled water is allowed.
- XII. Betting and gambling is strictly prohibited.
- XIII. Teams are expected to police their respective areas at the conclusion of the competition.
- XIV. Participating in any activity that can be interpreted or described as "*risky*" or "*horseplay*" is prohibited throughout the entire CISD Natatorium Complex.
- XV. Diving equipment such as trampoline, spotting rigs, dry-board apparatus, and the warm-pool are not to be used unless authorized by the CISD Natatorium Coordinator.
- XVI. The use of flash cameras or noise-makers at the start, during or end of any race is prohibited.
- XVII. Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non-emergency use is prohibited.

Access to the deck of the CISD Natatorium is restricted by pass to the following:

• Athletes from competing teams • Administrative support personnel • Coaches of competing teams • Facility/District Staff • Officials • Marshalls • Timing System operators • Security personnel • Computer systems operators • Lifeguards • Lane timers • Service and supply vendors • Credentialed media personnel • Hospitality personnel • One photographer from each competing team • Medical support personnel • Other personnel on a case-by-case basis at the discretion of the Meet Coordinator, the Meet Director, or the Meet Referee.

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