

District 15-6A
JV Swimming & Diving Championships

Hosted by Tomball ISD

January 22, 2026 (Diving)

January 23, 2026 (JV Swimming-Timed Finals)

Welcome: Tomball High is proud to host the **JV District 15-6A Swimming Championships**. Coaches, please monitor your athletes and help us take care of our facility by cleaning your area.

Location: Tomball ISD Aquatic Center North
13850 Zion Road
Tomball, Texas 77375

Admission: \$4.00 for adults, \$2.00 for students.

Heat Sheets: \$3.00 day of the meet.

Pool: 8 Lanes certified 25 yards with 3 warm-down lanes. Colorado timing starting system, timing console and touch pads.

Seating: There will be assigned seating for teams around the deck. ***Please do not allow your swimmers to sit in the spectator area.***

Schedule: Diving on Thursday, January 23rd, start at 10:00 AM @ Tomball ISD Aquatic Center South
-JV Divers will perform a **6 Dive** list specified by the UIL & National High School Federation Rules.
*There will be 2 one-meter springboards available for warm-up and competition. **There will be no cuts.**
**Coaches: please adhere to the NFHS Rules on page 66 (Section 4: Choice of Dives) of the NFHS Book for a 6 Dive contest when filling out Dive Sheets. Use the high school diving form at www.mydive.com/verifier.htm to help fill in a proper Dive sheet.
**Please include your divers in the Hy-Tek entry file so they will be scored.

Swimming Timed Finals:

Friday, January 23rd

W/U 8:00 AM; Competition @ 10:00 AM

Warm-Up Assignments:

Session One: 8:00 AM - 8:25 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
TOMB	TOMB	TOMB	TOMM	TOMM	TOMM	OPEN	OPEN

Session Two: 8:25 AM - 8:50 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KLCA	KLCA	KLCA	KLCA	KLCA	KLCO	KLCO	KLCO

Session Three: 8:50 AM- 9:15

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
KLEI	KLEI	KELI	KELI	KLOA	KLOA	KLOA	KLOA

Session Four: 9:15 AM - 9:40 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
MAGN	MAGN	MAGN	KLFO	KLFO	OPEN	OPEN	OPEN

Warm Up lanes can be used anytime during warm ups for open swim or pace.

*The pool will be cleared at 9:45 AM

**COACHES' MEETING at 9:50 AM in the Pool Office.

*The Warm-Up/Cool Down lanes will be open during the entire meet. **NO FLIP TURNS.**

*Swimming Timed Finals will begin after the National Anthem, approximately 10:00 AM.

Entry Limit: Only athletes who did not swim at the Varsity District Championship may be entered. All National Federation & UIL rules apply to entry requirements. (2 individual events and 2 relays OR 1 individual event and 3 relays) Teams are limited to entering a maximum of 4 participants in each individual event and **2 relay team per relay event**. The exception is the 50 & 100 freestyle events are unlimited entries however, only 4 swimmers can score from each team. A-relays can only score. All competitors listed in the HY file are eligible for relays.

Deadline: Each head coach will be required to submit entries in a Google Drive folder by 12:00pm on Friday, January 16, 2026, in accordance with UIL rules. The Host Site will set up the Google Drive folder and send out the link by January 1st of the year the meet is being held.

To be submitted

1. Meet entry file for JV District
2. PDF of entries with proof of times for JV District
3. Dive Sheet for JV District

Divers must be declared on the entry form. Dive sheets must be finalized 1 hour prior to the start of the diving competition on January 22nd. Meet officials will check all Diving Sheets and any incorrect Diving Sheets will be **disqualified** from the competition.

Scoring: Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2

Awards: Medals 1st – 3rd Individual & Relay / Ribbons 4th-8th Individual & Relay

Officials: Meet Director: Tracy Acosta coachtracy@swimtasc.org
 Meet Host: Deanne Sampson deannesampson@tomballisd.net
 Meet Referee: Mike Swaim mike.t.swaim@gmail.com
If you have a list of officials from your team that would like to work the JV district meet, please email Matt Sale at the address above as soon as possible.

Award Breaks:

<u>After the 200 Medley Relay for:</u>	200 Medley Relay
<u>After the Boy's 50 Free for:</u>	200 Free, 200 I.M., and 50 Free
<u>After the Boy's 200 Free Relay for:</u>	100 Fly, 100 Free ,500 Free, 200 Free Relay
<u>After the Boy's 400 Freestyle Relay:</u>	100 Back, 100 Breast, 400 F.R., Team Awards

The Top 3 swimmers will be recognized. The staging area for awards will be behind the starting blocks, so that the Award stands will be visible. Medalists are encouraged to dress in warm-ups or in some type of team apparel when on the awards stand. The coach of the winning swimmer or relay in that event will hand out awards for that event.

Timing: Tomball ISD will supply timers.

Concession: Concessions & hospitality will be available throughout the meet. Hospitality is available ONLY for those persons working at the meet (timers, officials, coaches, meet management personnel). NO ATHLETES ALLOWED in the Hospitality room!